

Fabian has been a personal trainer in the New York City area for 13 years. His awakening to become a facilitator of the Divine Diamond stemmed from his Reiki master and Vortex life form level training, and his satisfaction of helping clients achieve weight loss and fitness goals. He guides his spirituality through meditation and the teachings of Amma.

Since his initiation into the Divine Diamond, he has undergone profound changes in his life. It has helped him embody self love, self worth, and compassion. It has instilled peace in his everyday life and has shifted him to a non dual point of view. Now that he is a healer and facilitator of the Divine Diamond, he is clear of his intentions and direction his life is moving towards and is ready to pass that consciousness and love down to others.